

The Headliner

Alaska Head Start State-based
Training and Technical Assistance Office



Booz | Allen | Hamilton - A member of the National Head Start Training and Technical Assistance Network

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AHSA Website

Have you visited the Alaska Head Start Association (AHSA) website lately? You'll find links to the following documents and more:

- ◆ **Communities Served by Head Start**
- ◆ **Why Head Start Matters in Alaska**
- ◆ **Position Paper: Development and Implementation of a Voluntary Pre-K in Alaska**

www.akheadstart.org

Focus On: Infants and Toddlers

While decisions on Early Head Start expansion in Alaska are pending, your training and technical assistance team focused this issue on infants and toddlers and the resources available to assist grantees in working with them and their families. ♦



Early Childhood Brain Development

Research has shown that a child's brain develops most actively between birth and age three. Below you'll find information and links to resources on this critical period in child development. ♦

ECLKC has several articles and information about the role of stress and how it impacts the brain development of infants and toddlers. The resources further highlight how Early Head Start and Head Start programs can assist in healthy brain development.

Stress and the Developing Brain

http://eclkc.ohs.acf.hhs.gov/hslc/ecdh/Health/Health%20and%20Wellness/Health%20and%20Wellness%20Program%20Staff/health_art_00527a1_081705.html

The Centers for Disease Control published *The Effects of Childhood Stress on Health Across the Lifespan* which discusses several stress-related topics including the types of stress and how toxic stress impacts brain development in early childhood. Read the full publication at http://www.cdc.gov/ncipc/pub-res/pdf/Childhood_Stress.pdf.

The Center on the Developing Child at Harvard University has information about the science of early brain development, including interactive features, publications, and videos. Visit <http://developingchild.harvard.edu/> to learn more.

Zero To Three: Discover the interactive *Baby Brain Map* at www.zerotothree.org. Select an age range and different hotspots appear on the brain map with corresponding questions and answers about how a baby's brain develops, and what you can do to enrich very young children's development.

Resources for Early Head Start Programs

January 11-15, & February 2-5, 2010

Orientation for Newly Awarded Early Head Start (EHS) Programs | Hosted by: Office of Head Start
Location: Washington, DC. These sessions are scheduled to help new grantees in implementing their EHS programs. Visit http://eclkc.ohs.acf.hhs.gov/hslc/Early%20Head%20Start/upcoming_events.html for the latest updates.

Resources & Information

ECLKC Early Head Start Page <http://eclkc.ohs.acf.hhs.gov/hslc/Early%20Head%20Start>

Early Head Start National Resource Center www.ehsnrc.org. The EHS NRC is a storehouse of early childhood expertise that promotes the building of new knowledge and the sharing of information. EHS NRC produces publications, provides professional development, and facilitates networks.

Early Head Start 101 Toolkit <http://etv.fc-tv.com/headstart/ehs/menu/menuchapter.html> This toolkit is designed to highlight the distinctions that are specifically related to serving pregnant women, infants, toddlers, and their families. The toolkit includes six chapters that you can view at your convenience on your computer.

Zero To Three offers a wealth of resources for both the professional and parents. Find handouts in categories ranging from brain development to temperament and behavior. Age-based materials are also available. www.zerotothree.org

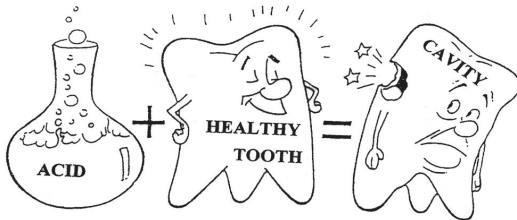
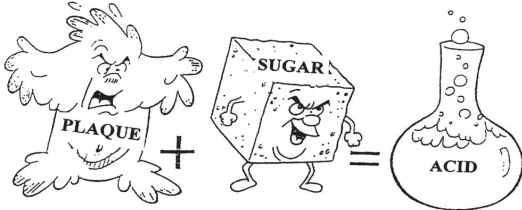
The Center on the Social and Emotional Foundations for Learning (CSEFEL) has infant/toddler training modules promoting social and emotional competence. Visit www.vanderbilt.edu/csefel/resources/training_infant.html to download the modules. Parent training modules are also available at www.vanderbilt.edu/csefel/resources/training_parent.html.





What's the Most Common Childhood Disease? Dental Disease

How we get cavities



Graphic adapted with permission from Washington Dental Services Foundation: Cavity Free Kids

How we prevent cavities

While You Are Pregnant

1. Brush with fluoride toothpaste and floss daily.
2. Eat healthy foods.
3. Get a dental checkup.

After Your Baby is Born

1. After every feeding, clean your baby's gums with a clean, soft cloth.
2. Remember that germs and bacteria in your mouth can be passed to the baby's mouth.
3. Talk with your dentist and make a first year appointment for your baby.

Emergency Preparedness Resources

Emergency Preparedness Webcast & Manual. This Office of Head Start webcast covered the key components of emergency preparedness, including planning, impact, relief, and recovery, and what Head Start and Early Head Start programs can do to keep children, families, and staff safe and healthy. Watch the recorded webcast at the following address: <http://www.fc-tv.com/clients/headstart/emergencypreparedness/registration-live.asp>

Download the OHS Emergency Preparedness Manual:

http://eclkc.ohs.acf.hhs.gov/hslc/resources/Emergency%20Preparedness/Head_Start_Emergency_Preparedness_Manual.pdf

Visit the ECLKC Emergency Preparedness site for tip sheets, checklists, and resources that offer guidance and techniques. <http://eclkc.ohs.acf.hhs.gov/hslc/resources/Emergency%20Preparedness/emerprep.html>

In Alaska, visit the Alaska Division of Homeland Security and Emergency Management (www.ak-prepared.com) for links to resources and listings of the 19 Local Emergency Planning Committees (LEPCs) in the state (www.ready.alaska.gov/serc/LEPC/lepcpages.htm). Each of the 19 LEPCs link to contact information, communities served, as well as the status of the local Emergency Planning Process.

The National Indian Head Start Directors Association (NIHSDA) has Emergency Preparedness information including sample plans and policies under Health and Safety from the Resources menu.

www.nihstda.org//index.php?option=com_rsfiles&Itemid=40.



Alaska is Now a TACSEI State

The Part C office is very excited to announce the Alaska TACSEI Pyramid Partnership, a collaboration amongst early learning programs.

Alaska was recently chosen by the Technical Assistance Center on Social Emotional Intervention (TACSEI) to receive intensive technical assistance to implement evidenced-based strategies to support social and emotional development of children birth to five. Three programs will be receiving funds (up to \$100,000 each for 2 years) to support the implementation of this project across the state. Efforts are currently underway to build the partnership with programs and classrooms serving young children and their families, birth to five years.

For more information, please contact Charlie Johanson-Adams, Coordinator, at aktacsei@gmail.com. ♦

Mark Your Calendars!



Date	Description	Location	Contact
February 1-2, 2010	Supporting Parents of Children with Special Needs This two-day session is open to any early childhood professional working with parents of children with special needs. Participants will receive professional development verification for 13.5 hours.	RurAL CAP Library 731 E. 8th Ave Anchorage, AK	For more information or a registration form, contact Lisa Goneau-Danielson, Parents as Teachers Alaska State Coordinator Ph: 907-865-7334, Fax: 888-538-9510 or ldanielson@ruralcap.com Registration fee of \$300 includes <i>Supporting Families of Children With Special Needs</i> guide.
February 4-6, 2010	29th Annual Anchorage AEYC Early Childhood Conference "Changing Alaska One Child at a Time" <u>Conference at-a-glance:</u> www.anchorageaeyc.org/2010ConfRegistrationInfo.pdf	Hilton 500 W. 3 rd Ave. Anchorage, AK	Visit www.rsvpbook.com/event.php?479005 to register or contact Cecilia Harmon or Christie Holshouser at 907.696.5884 or email MissC5488@aol.com .
February 6-12, 2010	Alaska Statewide Special Education Conference "Imagine the Possibilities"	Sheraton Hotel 401 E. 6 th Ave. Anchorage, AK	Visit www.assec.org for conference details as they become available.
February 9-11, 2010	Alaska Head Start Association Annual Conference "Telling Our Stories To Inspire"	Juneau, AK	Contact Cathy Gruver at cgruver@ccsalaska.org or Mary Ellen Fritz at mfritz@acfrc.org for more information, and visit www.akheadstart.org for conference details as they become available.
March 12-13, 2010	AEYC-Southeast Early Childhood Conference Conscious Discipline®: Creating Safe Brain Smart® Classrooms	Juneau, AK	Visit www.aeyc-sea.org for conference details as they become available.
March 17-20, 2010	Seventh Annual Addressing Challenging Behavior National Training Institute on Effective Practices Supporting Young Children's Social/Emotional Development	Clearwater Beach, FL	Visit www.addressingchallengingbehavior.org for conference details and registration information.

Note: Posting does not imply endorsement by the Alaska Head Start State-based Training and Technical Assistance Office.

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Linking Programs with Partners and Resources for Positive Solutions

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Alaska Head Start Training & Technical Assistance Office

The Headliner is published quarterly by the Alaska Head Start Training and Technical Assistance Office. We welcome your comments and suggestions, which you can email to Jeanette Gardiner at gardiner_jeanette@ne.bah.com.