

ILP Presents:

Cuddle Cure Classes

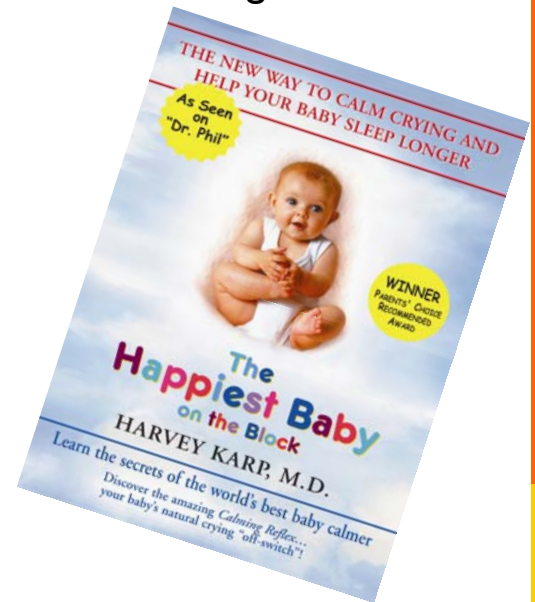
The Cuddle Cure is a two-hour class for pregnant women, parents, grandparents, child care providers or anyone who wants to learn how to calm a “fussy” newborn from birth to 3 months of age.

Date: July 24

Time: 3-5 PM

Where: BBAHC Infant Learning Program

*Each participant or family will receive a free **Parent Kit** which includes: a baby bag, a swaddling blanket, *The Happiest Baby on the Block* DVD, and a *Soothing Sounds* CD.*



Registration Required: Call Erin Schneider at 842-3398 to sign up today!



Class topics:

- ◆ The Missing 4th trimester
- ◆ The Calming Reflex: the extraordinary “off switch” for crying
- ◆ The 5 S’s: swaddling, side/stomach, shushing, swinging, and sucking
- ◆ The joys and challenges of becoming a new parent

Brought to you by:

BBAHC Infant Learning Program
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