



## **NON-COUNTABLE ACTIVITIES:**

- *Cleaning your own house.*
- *Childcare for your own children, and grandchildren if you are not getting paid (unless the parents are TANF recipients too and they are needing child care to do work activities).*
- *Taking your kids to school.*
- *Cutting/Stacking wood for yourself or household.*
- *Cooking for yourself or household.*
- *Picking berries for yourself.*
- *Fishing (picking your net, splitting and hanging fish) for yourself and not an elder or disabled person.*

**If you have questions about countable Work Activities, please contact your case manager.**

### **Dillingham Office:**

1-888-285-2262 or (907) 842-2262

### **New Stuyahok Office:**

(907) 693-3198

### **Manakotak Office:**

(907) 289-1024

### **Togiak Office:**

(907) 493-5004



**Bristol Bay Native Association  
Workforce Development  
Tribal TANF Program  
General Assistance Program**

P.O. Box 310  
Dillingham, AK 99576

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[www.bbna.com](http://www.bbna.com)

## **Countable Work Activities**

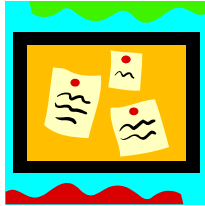


### **Paid Employment**

It's our number one goal for you, whether it is on-call, part-time, or full-time. It may not be enough money to allow you to stop your temporary assistance, but it could be the first step with an employer for a higher paying job. It also may not be your dream job, but it is a step toward self-sufficiency.

## **Don't Forget to Count Work Activities When You...**

- Fill out employment applications.
- Listen for jobs on the VHF or radio. (ex. Open Line 1 hr.)
- Review bulletin boards at the stores, post office, schools, village councils, etc.
- Register on ALEX-SYS, and/or searching the internet.
- Develop a resume.
- Call employers about the jobs they have available.
- Go to Job Interviews.



## **Vocational Training & Education:**

- Job Skills training directly related to employment. (BBNA Job Club)
- Post-Secondary Education.
- Obtaining your GED.

You may count the time you take to call about classes at the campus, registering for a class, and anything else relating to registering and attending class. As long as you have talked with your Case Manager about the activity and they have approved it as a work activity, you may log it on your timesheet.

**“Reach for the moon, if you miss it, you’ll land among the stars.”**

## **Community Work Experience:**

- Volunteering at non-profit agencies (village councils, schools, city, head start, SAFE, churches, community fundraisers, wellness events, etc.)
- Being a board member (school board, city council, etc.)

### **Volunteer Work may include:**

\*School Functions (ex. Sports, serving lunch, reading in classrooms, chaperoning field trips/dances, open gym, fundraisers, etc.)

\*Community meetings.

\*Church Events.

\*Youth Centers/Youth Activities.

\*Helping at the Food Bank.

***Volunteer (definition): To do charitable or helpful work without pay.***

## **Helping the Disabled or Elderly:**

- House cleaning.
- Running errands for/or taking an elder or disabled person to do their errands.
- Chopping wood.
- Lighting the wood stove in house or in the steam bath.
- Completing paperwork on their behalf.



**“If every American donated 5 hours a week, it would equal the labor of 20 million full time volunteers.”**  
-Whoopi Goldberg

## **Subsistence Activities:**

*As long as you are doing these activities for an elder, a disabled person, or for yourself to sell for your own income; These types of activities will count toward your Work Activity hours.*

## **Subsistence Activity:**

**Here are some examples:**

- Hunting/Fishing for the elderly or disabled.
- Trapping and tanning furs to sell.
- Picking berries to provide to the elderly or disabled.
- Picking berries to sell.



## **Self Employment:**

- Commercial fishing.
- Child Care.
- Selling craft items such as beaded earrings and/or bracelets, mittens, hats, etc.
- Subsistence harvest to sell (furs, berries, etc.)

## **Treatment:**

- Residential Treatment
- AA Meetings
- Mental Health Counseling/Treatment
- Domestic Violence

## **Mental Health Counseling:**

If you are applying for other types of assistance such as SSI or substance abuse treatment, the time that you spend completing the paperwork and going through interviews and doctor's appointments can be counted as work activities.