



BBNA Calendar Of Events



Event/Location

Career Fair/Dillingham
Middle School Gym

Winter Carnivals

- *Beaver Round Up
- *Levelock
- *Nondalton
- *Port Heiden
- *Kokhanok
- *Chignik Lake

BBNA Closed/Holiday

BBNA Full Board Meeting

Health Fair/Dillingham
Middle School Gym

BBNA Land Mgt Services

Tentative Village Travel
*Pilot Point, Ugashik, Egegik & Levelock

*Clarks Point, Aleknagik
*Perryville, Chignik, Chignik Lagoon, Chignik Lake

Native American Rehabilitation's

Mid-year Conference
- Anchorage Hilton Hotel

Last Day of Head Start

BBNA Closed/Holiday

Date Who to contact for more information

March 3, 2009 Charlene Lopez Ph: 907-842-4370

March 4-8, 2009 Dillingham Chamber of Commerce Ph: 907-842-5115

March 4-8, 2009

March 6-8, 2009

March 5-7, 2009

March 13-15, 2009

April 29 - May 1, 2009

March 6, 2009 BBNA Ph: 907-842-5257-Carnival Holiday

March 18-20, 2009 DeeDee Bennis Ph: 907-842-5257

March 20, 2009 Jeanie Timmerman Ph:907-842-6290

LMS Ph: 907-842-5257

March 24-27, 2009

April 21-22, 2009
May 12-15, 2009

May 10-13, 2009 Ph:1-800-445-8667

Group Code: CANAR Conference

May 22, 2009 Dillingham Head Start Ph: 907-842-4095

May 25, 2009 BBNA Ph: 907-842-5257 -Memorial Day

To see more community events go to BBNA's interactive Community Calendar at <http://plus.calendars.net/bristolbay>

The Mission of BBNA is to promote self determination of Tribes of the Bristol Bay region, and the betterment, well-being, culture and interests of the Native People of the Bristol Bay Region.

To find out current information about BBNA go to our website at www.bbna.com

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Bristol Bay Native Association

March 2009

BBNA NEWS

P.O. Box 310, Dillingham, Alaska 99576 907-842-5257 www.bbna.com



New Tribal Energy Program

Hydro ~ Solar ~ Wind

BBNA has incorporated a new program, the Tribal Energy program. Melody Nibeck-Edgmon, was hired as the Tribal Energy Program Manager. Like so many of us, BBNA is very concerned about the deepening energy crisis in our villages and its potential economic and social impacts. The program is just taking shape, and is looking at a series of short, median and long-term strategies and issues related to energy. Melody has been building contacts with those people and programs addressing the energy issue in Bristol Bay at the local, regional, state and federal levels. She is also working on creating a library of general information and contacts on geothermal, wind, solar and biomass alternative energies for tribes and individuals interested. Melody welcomes any comments and/or suggestions, and is looking forward to hearing from you. She can be reached at 842-6231 or mnibeck@bbna.com.



Workforce Development Job Club

Dillingham ~ New Stuyahok ~ Manakotak ~ Togiak

Job Clubs are provided in Dillingham, New Stuyahok, Manokotak and Togiak. They provide a range of employability, life skills, and cultural classes. The Job Club is open to any Bristol Bay resident who would like to attend. Tribal TANF and General Assistance Programs encourage participants to attend a variety of Job Club classes to enhance their ability to become self-sufficient.

In Dillingham, classes are provided Tuesdays and Thursdays from 1:30pm to 3:30pm. Participants are encouraged to stay longer to use the Skills Tutor program, type resumes, job search, etc. Cultural Classes such as beading, basket-weaving, skin sewing and many others are offered on Wednesday afternoons from 3:00pm to 4:30pm.

New Stuyahok

Job Club: Tuesday through Thursday 3:00pm to 4:00pm

Manakotak

Job Club: Tuesday 1:30pm to 2:30pm

Cultural Activities: Wed. and Fri. 1pm to 3pm

Togiak

Job Club: Tuesday through Thursday 1:30pm to 3:30pm

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Temporary Assistance for Needy Families (TANF)

Does Your Family Need TANF?

BBNA's Tribal TANF program helps people with children. To be eligible for this program you must be related to a child and meet strict income guidelines. We accept applications throughout the year. In order to process applications quickly, please submit your application with the following information: identification cards, child's birth certificate, social security cards, tribal cards, proof of income, rent and utility bills. Families can only receive up to 60 months of TANF. Our main goal is to help families find employment and become self-sufficient.



TANF Staff: Left back- Mark Solano, Tish Luckhurst, Matrona Chumak, and Sarah Catalone. Left front- Lucy Weedman, Fevronia Neketa, Vera Andrew, Martha Kvamme, and Marlene Andrews.



Winter Trail Maps

Marking Your Trail

BBNA now has the Winter Trails maps available online. Visit www.bbna.com and click on 'Winter Trails'. The link will take you to the Winter Trails page which displays an update on the project and links to print maps.

The Winter Trails Project was a cooperative 'pilot project' implemented by BBNA and participating Village Councils and funded by the Department of Transportation.

The project worked to improve safety of winter traveling by installing reflective wooden tripods on traditionally traveled winter routes. During the project maps were generated and are now available online.



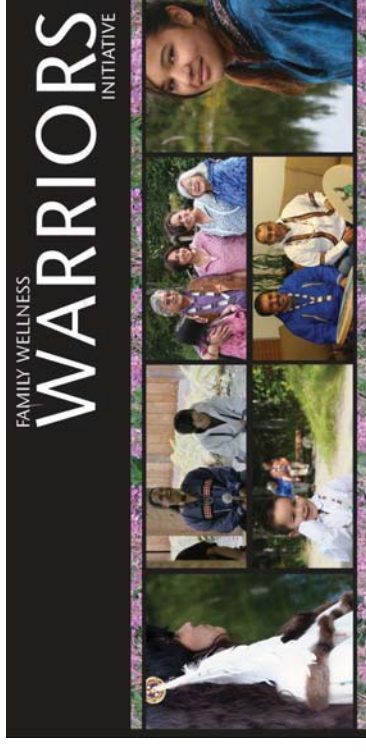
Dillingham to Ekwok Map.

BBNA Winter Trails Disclaimer: Please note that winter conditions have affected or damaged tripods on the trails. Persons using the trails, maps, GPS or any other BBNA-DOT Winter Trails data should do so at your own risk.



Family Wellness Initiative

Warriors ~ Arrigah House



Arrigah House is five days of intensive training and education designed to teach participants how to share their own personal story, as well as respond to those whose lives have been impacted by domestic violence, child sexual abuse or child neglect.

The training will be held within the Bristol Bay region on September 22-26, 2009 and will be hosted by the Family Wellness Warriors Initiative. This Arrigah is held in partnership with Bristol Bay Native Association.



Census

Continued from page 4

The census is the best information available on conditions among Natives (and all Americans), and it reliably shows trends and patterns. Included on the short form is a question on race – you will have a choice to mark what your race is as well as what American Indian and Alaska Native Tribe you belong to. This is important to note on the form. More information will follow on this, for more information about plans underway for 2010 count you can go to their web page at www.census.gov.



Summer Internship Opportunities

Providing Quality Professional Experience in Fisheries and Natural Resources.

The Bristol Bay Native Association is offering summer internships focusing on the biological & social sciences that help manage Bristol Bay fisheries and ecosystems.



2008 Intern, Sarah Evans.



2008 Intern, Danielle Stickman.

Internship opportunities include field experience on fisheries research projects that involve monitoring salmon escapement, using radio telemetry to identify spawning grounds, marine mammal population surveys and more!

Internships are located in Bristol Bay communities and remote field camps including the Nushagak River, Lake Aleknagik, Togiak National Wildlife Refuge, Lake Clark National Park & Preserve, and the Round Island State Game Sanctuary.

Interns are paid \$15 per hour plus arranged over-time.

For more information please contact: Courtenay Carty, Subsistence Fisheries Scientist at the Bristol Bay Native Association in Dillingham. Email: ccarty@bbna.com or Phone: 907-842-6243 or toll free 1-800-478-5257.



A Big Thank You to All Who Helped

Angel Tree Project

BBNA's Children's Services and Tribal TANF programs would like to thank all the people who helped out with the Angel Tree Project. This project provided gifts for 142 children under the Children's Services program and 85 in the Tribal TANF program.

Thank you to:
N&N Market, AC Co., BBAHC, BBNC, Nushagak Cooperative, Peter Pan, High and Middle school students, Curyung Tribal Council, Girl Scout Troop #94 and People who donated gifts and/or money.



High/Middle school kids helping out.



Head Start News Dillingham Morning Class

During the month of February, the Head Start AM class has been studying our Community of Dillingham and looking at the activities Dillingham has to offer.

Basketball is an event happening on the weekends and our children have older siblings involved in that sport. Being involved in sports means that you need to be able to be physically fit. Our bodies need plenty of rest, nutritious foods and also exercise. The class has been talking about ways we can help our bodies be healthy. When you are in basketball, you are a part of a team. We have 3 teams in our class now, blue team, green team and the yellow team. Each team works together to clean certain areas of our classroom and that area being cleaned is changed weekly. Sometimes we dismiss our children by teams to go get dressed first to go outside or to the yellow room for indoor activities.



Dillingham Head Start AM Class going out to play.

Subsistence is another activity that our community gets involved in. Many of our children and their families are involved in gathering subsistence foods from fish, berries, moose, caribou and perhaps ptarmigan and ducks. Camping in the summer, picnics, and boating are something that we are able to do in the summer and fall. Beaver Round Up is coming up and there are dog mushers that are preparing their teams for the races, also snow machine races, and carnivals in surrounding communities. In March our theme will change to Animals; wild animals, animals in forests, zoos, animals that provide food and clothing.

April's theme will be on Transitioning. Our seasons transitions from winter to spring, to summer. Children transition from Head Start to Kindergarten, children who are returning will be the older ones instead of the younger ones. Finally May will take us into plants. Children love planting seeds and watching them grow. Plants need to be nurtured by the sun and water, transplanting them from a smaller container to a larger one so roots can spread. Children are like plants in a sense. They need to be nurtured by their families, teachers and a community that cares, so they will grow, be transplanted and bloom.

We know that the children will bloom into our next generation of leaders. We encourage our community to get involved in young children's lives. Children love to learn, let's all take a part in teaching them. If you have the time to read or share your knowledge with children, we encourage you to get in touch with us. You can reach us at 907-842-4059.



New Form for the US Census 2010 What is the Census?

Facts about the Census: *The census is a count of everyone living in the United States every 10 years. *The census is mandated by the U.S. Constitution. *The next census is in 2010. *Your participation in the census is required by law. *It takes less than 10 minutes to complete. *Federal law protects the personal information you share during the census. *Census data is used to distribute Congressional seats to states, to make decisions about what community services to provide, and to distribute \$300 billion in federal funds to local, state and tribal governments each year.

The U.S. Census Bureau plans to change the way it takes the census, using only the short form to count the population in 2010. The American Community Survey will replace the long-form questionnaire, and it will be conducted each year, if Congress provides the funding. This short form (American Community Survey) is essentially the same as the long form, but it will produce data every year instead of once every 10 years. This short form has 10 questions which is still in the process of being finalized.

The survey collects information about education, housing, income, military service and employment. This information is shared and used by all government and tribes to make critical decisions. This information can be used to decide what services are needed and how to distribute funding for housing, economic development, health care and other programs that benefit veterans, children, families and elderly and society as a whole.



Spruce Bark Beetles Forestry update

Due to weather patterns and occasional storms the Bristol Bay region has experienced issues with spruce bark beetles. Warm dry weather makes older trees more susceptible beetle attacks and fallen spruce trees provide the beetles with easy means to multiply. One beetle can lay up to 100 eggs. The combination of these effects can destroy many spruce trees and greatly increase the fire hazard for those living near timbered areas.



Adult Beetle-from USDA, Insects and Diseases of Alaskan forests.

In response to increased bark beetle activity, BBNA Forestry has sought and received grants to implement Firewise Communities projects across the region. These were done in an effort to educate Native landowners on how they can reduce the fire hazard surrounding their homes. Additionally BBNA Forestry has attained grants to conduct tree thinning projects to help reduce fire hazard.

Currently BBNA Forestry is conducting a Native Allotment Thinning project in the Dillingham/Aleknagik area. 20 homes on Native allotments have been preselected thru Firewise surveys to find the high risk residences. A crew of 6 local laborers and the BBNA Forestry Technician will be in the field cutting dead trees, removing brush, and trimming lower limbs to reduce the chance of wildfire damaging allotment homes.

For more information visit: <http://bbna.com/website/NaturalForest.html> or call 907-842-5257 and ask for either Harold Andrew Forestry Program Manager or Tom Dearlove Forestry Technician. For more information on Firewise visit www.firewise.org. The Firewise booklet can be seen with the link below and provides the homeowner with valuable information on reducing the fire hazard near their homes: <http://forestry.alaska.gov/pdfs/06Firewise.pdf>.



News from the Wellness Corner How healthy is your family?

The Head Start Program is continuing to look at ways that the children and their families as well as our staff can increase their physical activity and their knowledge of healthy food choices. Jeanie Timmerman, BBNA Head Start Wellness Coincident Manger, was able to attend a Head Start training in January so BBNA could include a program called "I Am Moving, I Am Learning" to our current curriculum. This evidence-based program features child friendly songs, activities, a mascot named Choosy. Choosy is a green, furry, and fun character that stands for "choosing healthy options and starting young". We have started trying out the program with a small number of our Head Start children and hope to implement it to all our sites after including it in our Pre-Service Week in the fall.

Wellness times for employees continue to be held the second Thursday of the month at the FRC Nurses' Office from 10am to noon. Jeanie is available there at the time to provide nurse consultations, health care advice, blood pressure readings, or hearing screenings. In December Jeanie was able to offer, with the help of the BBAHC Health Education Department, cholesterol and blood glucose screenings.

Several health fairs have already been held around the region and many took advantage of that opportunity to learn about and monitor their health status. The Dillingham Health Fair will be held at the Dillingham Middle School gym on Friday, March 20th from 7am to 1pm. The same blood screening tests as last year (chemistry/hematology, thyroid, and prostrate) will be available plus a new one for Vitamin D level will be offered. Vitamin D is essential for promoting calcium absorption and bone growth or "remodeling". It together with calcium helps protect older adults from osteoporosis.

I hope everyone is enjoying the last of winter and looking forward to a happy and healthy spring! Jeanie Timmerman, Wellness Content Manager